

To receive more information and regular updates on multiple myeloma, including clinical trials, new treatment options, and research breakthroughs, please complete and return this form.

Name _____
Address _____
City, State, Zip _____
Telephone _____
Email _____

I would like the following FREE information sent to me:

- Information Pack** – a collection of publications which discuss myeloma and various treatment options, disease management, and IMF services. It includes our acclaimed Patient Handbook.
- Myeloma Minute** – e-mail newsletter for up-to-the “minute” information about myeloma
- Myeloma Today** – the quarterly newsletter of the IMF

You can contact the IMF at www.myeloma.org, or call **800.452.CURE (2873)** in the US & Canada or **818.487.7455** worldwide

Tear off the card above, fill it out, add a stamp and mail. Or give us a call.



International Myeloma Foundation
12650 Riverside Drive, Suite 206
North Hollywood CA 91607-3421
www.myeloma.org
800.452.CURE (2873)
in the US & Canada
818.487.7455

“Until there is a cure, there is the IMF.”

ISS

International Staging System

Staging systems for cancer quantify the extent of the disease in the body. The most commonly used system for myeloma has been the Durie/Salmon staging system.

However, in 2005, a new, international classification method was utilized for myeloma prognosis, based on the clinical and laboratory data gathered from 10,750 previously untreated symptomatic myeloma patients from 17 institutions in Asia, Europe, and North America.

The International Staging System utilizes a combination of serum β^2 microglobulin and serum albumin to provide a simple, powerful, and reproducible three-stage classification. By using easy-to-use variables in a simple manner, the International Staging System can be used worldwide at a relatively low cost.

STAGE	CRITERIA
I	Serum β^2 microglobulin < 3.5 mg/L Serum albumin ≥ 3.5 g/dL
II	Not I or III*
III	Serum β^2 microglobulin > 5.5 mg/L

*There are two possibilities for stage II:

- Serum β^2 microglobulin < 3.5 mg/L, but serum albumin < 3.5 g/dL

OR

- Serum β^2 microglobulin $3.5 - 5.5$ mg/L irrespective of the serum albumin

The International Staging System was validated in patients younger and older than 65 years; with standard therapies or autotransplant; and in comparison with the Durie/Salmon staging system.

IMF

International Myeloma Foundation

Dedicated to improving the quality of life of myeloma patients while working toward prevention and a cure...

For questions about the International Staging System or other concerns of myeloma patients, their families, friends, and caregivers, please contact the IMF Hotline at 1-800-452-2873 (toll-free in the US and Canada) which is available Monday-Friday 9am-4pm (Pacific time)

Additional support can be found on the IMF Website: www.myeloma.org

The International Myeloma Foundation provides education, support, advocacy, and ground-breaking research. Patients, Doctors, and Nurses look to the IMF for information about treatment, disease management, side-effects management, and research support.

Until there is a cure... There is the IMF



International Myeloma Foundation

12650 Riverside Drive, Suite 206
North Hollywood, CA 91607 USA

Telephone:

800-452-CURE (2873)

(USA & Canada)

818-487-7455

Fax: 818-487-7454

TheIMF@myeloma.org

www.myeloma.org

www.myeloma.org



International Myeloma Foundation
12650 Riverside Drive, Suite 206
North Hollywood CA 91607-3421

PLACE
POSTAGE
HERE

*"One person can make a difference,
Two can make a miracle."*

Brian D. Novis
IMF Founder



www.myeloma.org