

Pomalyst[®] (pomalidomide) capsules

What Is Pomalyst?

Pomalyst[®] (pomalidomide) is the newest oral immunomodulatory drug (IMiD[®]). IMiDs can modify or regulate the functioning of the immune system. Since myeloma is a cancer of certain cells in the immune system, IMiDs are particularly effective anti-myeloma agents. Pomalyst is chemically related to Thalomid[®] (thalidomide), which came into use against myeloma in the early 2000s, and Revlimid[®] (lenalidomide), which was approved by the FDA in 2006, but Pomalyst has been enhanced to be more effective.

Who Is a Candidate for Pomalyst?

Pomalyst in combination with dexamethasone was approved by the US Food and Drug Administration (FDA) on February 8, 2013. Pomalyst is indicated for patients with myeloma who have received at least two prior therapies including both Revlimid and Velcade[®] (bortezomib), and whose myeloma has progressed on or within 60 days of completion of the last therapy.

How Is Pomalyst Taken?

Pomalyst is a capsule taken by mouth, swallowed with water once a day. Pomalyst capsules are given orally on days 1 to 21 of repeated 28-day cycles. Pomalyst is FDA-approved in combination with dexamethasone, an oral adrenocortical steroid.

INTERNATIONAL MYELOMA FOUNDATION



Improving Lives • Finding the Cure[®]

818.487.7455

myeloma.org

Are There Special Cautions with Pomalyst?

Before taking Pomalyst, patients must read and agree to all of the instructions in a Risk Evaluation and Mitigation Strategy (REMS) program.

What Are the Possible Side Effects of Pomalyst?

- Neutropenia (low white blood cells)
- An increased risk of blood clots in your veins and lungs
- Upper respiratory infection or pneumonia
- Other common side effects are:
 - Fatigue (unusual tiredness)
 - Thrombocytopenia (low platelet count)
 - Anemia (low red blood cell count)
 - Constipation (fewer than 3 bowel movements in a week)

Tell your healthcare provider about these and other side effects that bother you or that do not go away. Make sure you know how to get in touch with your healthcare team after office hours, on the weekend, and over a holiday.

*Ask your doctor if Pomalyst is appropriate for you.
As always, the IMF urges you to discuss
all medical issues with your doctor.*

**The IMF Hotline is staffed by
trained information specialists.**

800.452.CURE (2873)
in the US & Canada



International Myeloma Foundation
12650 Riverside Drive, Suite 206
North Hollywood CA 91607
tel: 818.487.7455

myeloma.org

Improving Lives • Finding the Cure®